



**Colm O'Brien** is founder and managing director of Carambola Kidz - Healthy School Lunches Delivered. *Feeding Johnny - How to Build a Business despite the Roadblocks* is his first book and is published by Liberties Press. It chronicles the establishing of Carambola Kidz and the failures and successes en route, and is written specifically to help aspiring entrepreneurs. Colm was appointed the Chairman of the Lime Tree Theatre in February 2016.

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